



## Testimonials

*“I found Karen’s presentation to be informative, thought provoking and one that should resonate with everyone. The information was valuable, informative and easy to implement in my day to day activities.”*

~Randy Bressler, Sales Management Professional

*“I was held captive by her “energy.” She not only knows her material, her humor is contagious!! I felt so inspired and empowered. Thank-you Karen!”*

~ Karen Mankins RN, Administrator RCFE, Carmel, CA

*“Best training we had ever received. My team continues to reference Karen and the ideas she conveyed; in particular, not making excuses and taking responsibility for our actions – what a change for the better!”*

~ Roland P Williams, Jr., General Manager, Castro Valley Sanitary District

*“Karen’s topics are relevant, and are presented with expertise and a great sense of humor! Her enthusiasm is contagious, and I felt like she genuinely “got me” and could help me achieve my personal and professional goals.”*

~David Hash, Owner, Continuum Consulting, AZ

*“Karen Gridley provided an excellent training experience for all. Many staff have shared with me how much they benefited from the presentation, the information and message. Karen’s presentation included valuable information and tools to carry back into our daily operations. Her message is compelling and helped energize our staff.”*

~ Julie Dunning, Deputy District Director, Administration, California Department of Transportation, District 10

*“Karen included both the “what” and “how” in her presentation and I find her to be very personable.”*

~ Pat Krevey, Administrative Assistant, Castro Valley Sanitary District

*“Karen addressed our group and absolutely enthralled everyone. She brought energy, common sense, and humor to her presentation. She has a unique ability to connect with everyone in an audience and get them to engage, enjoy and be energized.”*

~ George Fleming, Board Member, Arizona Entrepreneurs, Momentum Coaching Resources, LLC

*“I was truly engaged in your presentation and I gained a great deal of knowledge!!! . . . highly recommend others to attend.”*

~ Victoria R. Rodney, MA LCTT, Christ Cares For You Ministries, Inc.

*“Karen spoke with such confidence, held my attention throughout and her examples played into every day occurrences.”*

~ Greg Giroux, Design support and sustaining engineering manager, Fresno, CA

*“Karen was able to provide key learning concepts into actionable plans for our participants in a manner in which kept participants listening and engaged. I recommend her for organizations seeking to deliver customer service training.”*

~ Dr. Kimberly Smerkers, Washoe County School District, Education Support Professionals Training Coordinator

*“Karen is a very enthusiastic & entertaining presenter who provided our employees with a wealth of knowledge. Our employees loved her.”*

~ Tina Stewart, BSAHS Education Manager, Amarillo, TX

*“Any group could benefit from hearing Karen. She shares her material in a way everyone can relate to. Karen is entertaining and provides tools to improve personal and professional effectiveness which can be applied immediately.”*

~ Dr. Katherine Iacuone, Desert Valley Chiropractic

*“Great down-to-earth and heartfelt message.”*

~ Tonya Recla, Owner TJ Recla

*“Karen makes you stop and really think about the choices and actions you take in your life.”*

~ Connie Zimmerlich, ClickChick Photography