



## **Shift Procrastination to Productive Action:**

### **16 Ways to Empower Leaders and Teams that Catapult Your Bottom Line**

How much does procrastination cost your organization? What is the impact to you and your business? This content-rich program delves beneath the surface of putting off things you know need to be done. **Shift Procrastination to Productive Action** delivers 16 ways to empower business leaders and teams to improve productivity and decrease stress. Whether you procrastinate a little or a lot, occasionally or consistently, this valuable session delivers practical tools for all professionals committed to the process that elevates performance. **WARNING:** Not suited for the business leader or team unwilling to move beyond excuses and do what is necessary to improve productivity!

#### **Participants will learn:**

- The importance of systems, what they are and what they are not
- Factors that contribute to procrastination and what to do to overcome them
- How clutter – tangible and intangible – sabotages and ways to move forward
- What overhaul is essential to implement in order to improve productivity

*“Karen addressed our group and absolutely enthralled everyone. She brought energy, common sense, and humor to her presentation. She has a unique ability to connect with everyone in an audience and get them to engage, enjoy and be energized.”* George Fleming, Momentum Coaching Resources, LLC

#### **Benefits:**

**Procrastination will be eliminated and deadlines met. You and your team will excel with productive action that catapults your bottom line.**

**Karen M. Gridley, The Excuse Removal Expert™**

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